

APPLICATION (Please complete entire form legibly.)

Wrestler's Name _____ Age _____ Date of Birth _____ / _____ / _____
Address _____ City _____ State _____ Zip _____
School _____ Grade in Fall _____ WRESTLING EXPERIENCE _____
(No. of years) _____
Phone (____) _____ Email _____
Last Year's Record _____ Weight Class _____ Amount of Deposit Enclosed \$ _____

\$100 Deposit Due with Application

Remaining \$100 Due at Camp Check-In

Please Check Camp Date

- ☐ June 7th - 9th - \$200
☐ June 28th - 30th - \$200
☐ July 26th - 28th - \$200
☐ Aug 9th - 11th - \$200
☐ Aug 23rd - 25th - \$200
☐ Sept 6th - 8th - \$200

Please send application and deposit of \$100
for weekend camps to:

Don Jones
3704 Green Haven Way
Maineville, Ohio 45039

Please Detach Here

TEAM JONES WRESTLING CAMPS
Don Jones • Coach
3704 Green Haven Way
Maineville, OH 45039
513-678-9833

TEAM JONES

WEEKEND WRESTLING CAMPS



3054 Lindale Mt. Holly Road
Amelia, OH 45102
(513) 797-5268
woodlandlakes.com



2019

Team Jones Wrestling Camps
(K - 12th Grade)
513-678-9833
djones@albrechtco.com
www.teamjoneswrestling.com

CAMP Schedule

FRIDAY

6:00 PM - Check In
7:00 PM - 8:30 PM Wrestling Workout
9:30 PM - Camp Fire (Snack/Soda)
11:00 PM - Lights Out

SATURDAY

7:30 AM - 8:30 AM - Run and Drill Outdoors
9:00 AM - Breakfast
10:00 AM - 11:30 AM - Wrestling Workout
12:00 PM - Lunch
1:30 to 3:30 PM - Wrestling Workout
3:30 to 4:30 PM Swimming at the Pool
4:30 to 5:30 - Lake Activities
6:00 PM - Dinner
7:00 PM - 8:30 PM - Wrestling Workout (live)
9:30 PM - Camp Fire (Snack/Soda)
11:00 PM - Lights Out

SUNDAY

7:30 AM - 8:30 AM - Run and Drill Outdoors
9:00 AM - Breakfast
10:00 AM - 11:30 AM - Wrestling Workout
12:00 PM - Lunch
1:30 PM - 2:00 PM - Wrestling Workout
(Parents welcome to watch)
2:00 PM - Check-out

CAMP PHILOSOPHY

Folkstyle Wrestling Technique Camps

TEAM JONES is designed for Wrestlers, K-12th Grade, who want to continue training during the Spring, Summer and Fall Months. Training with TEAM JONES will give the Wrestler the "EDGE" as they return to their Team Next Season. Coach Jones has found that many wrestlers need "Time on the Mat" to catch-up to the better competition. TEAM JONES will give the wrestler that much needed "MAT TIME"

The TEAM JONES Wrestling Camp offers the opportunity to participate regardless of skill level.
We will "PERFECT the BASICS".

TEAM JONES will concentrate on Technique and Wrestling Moves that will work in matches. We will consistently drill moves that will give each wrestler a solid foundation as they strive to reach their goals.

The TEAM JONES CAMPS will be Mentally and Physically Challenging, but, never OVERBOARD. Coach Jones understands that Wrestling needs to be fun and enjoyable for the wrestler to remain in this difficult sport.



COACH JONES

Passion ~Wrestling

-Dad of two previous wrestlers Sidney (24) Deceased and Ashley (22).
Resides in Landen Ohio near Kings Island for the last 20 years.

Coaching Background (20 years)

- Head Coach - Kings Jr. High Wrestling Team
- Head Coach - Mason Youth Wrestling (5 years)
- Head Coach -Loveland Youth Wrestling (K- 6th Grade)
- Assistant Coach - Eastside Catholic Club Wrestling Team.(Moeller's Club Team- 6th - 8th Grade)
- Assistant Coach -Team Miron Wrestling
- Assistant Coach -South West Ohio All-Stars -Youth
- Assistant Coach - Schoolboy-Ohio National Teams - FSJGR and Folkstyle
- Assistant Coach Youth/HS FSIGR- Cincinnati Wrestling Club

Wrestling Background

- Pennsylvania High School Wrestler AAA· Waynesboro High School (3 Year Varsity Letterwinner)
- Junior College Wrestler - Keystone Jr. College - LaPlume PA (2 Year Varsity Letterwinner)
- Division I Wrestler - East Stroudsburg University - East Stroudsburg PA (2 Year Varsity Letterwinner)

Education

Graduate of Waynesboro High School
AA Degree from Keystone Jr. College
BS Degree from East Stroudsburg University

Accomplishments

- National Jr. College All-Academic Wrestling Team
 - Who's Who Among American Jr. College Students
 - #2 in NJCAA Eastern Rankings
 - Winner of the East Stroudsburg University Coaches Award
- "Contributed the most to the team with his dedication, desire, and overall effort"*

Weekend Training Camps

June 7th-9th - All Girls Camp
June 28th - 30th - Youth Father/Son Camp
July 26th - July 28th - Youth Camp
Aug 9th - Aug 11th - Jr. High/High School Camp
Aug 23rd - 25th - Competition Camp - All Live
Sept 6th - 8th - Youth Intensive Camp

CAMP LOCATION

Woodland Lakes Christian Camp

3054 Lindale Mt Holly Road
Amelia, Ohio 45102

featuring:

Summer Cabins
for overnight sleeping
Catered Meals:
Breakfast, Lunch and Dinner
Nightly Camp Fire
Outdoor Pool

Mom and Dad

Want to stay for the weekend?

Private Cabins Available
Contact Coach Jones
for details.

**Interested in
Sponsoring
a Wrestler?
Contact Coach
Jones at
513-678-9833**